



Compassionate Caring Ministries

Resource Guide

Bringing Compassion, Love, and Support to Parents Whose
Adult Child Identifies as Transgender

Articles

Mayer, Lawrence S and McHugh, Paul R *New Atlantis: A Journal of Technology and Society* (Fall 2016 – “Sexuality and Gender: Findings from the Biological, Psychological and Social Sciences”). The article contains 373 footnotes involving some 200 peer-reviewed research studies on the issues.

Corradi, Richard B. M.D. is professor of psychiatry at Case Western Reserve University School of Medicine, Cleveland, Ohio “A Psychiatrist looks at Personal Identity, family Structure, and Identity Politics.”

“Seven Steps to Spiritual Growth”

<https://www.lifeway.com/en/articles/seven-steps-to-spiritual-growth>

Articles - Focus on the Family

- “Support for Parent Whose Adult Child Identifies as Transgender”
<https://www.focusonthefamily.com/family-qa/support-for-parent-whose-adult-child-identifies-as-transgender/>

Articles - Premier Unbelievable

<https://www.premierunbelievable.com/articles>

- “Why does God allow suffering?” 1/24/24
- Unapologetic #106 Kathy Keller: Why does God allow suffering? 5/28/24
- Unapologetic #61 Vince Vitale: Why does God allow suffering and how can I cope? 7/18/23

Books

- **Eaton, John** *"Meditating on the Psalms"*
- **Evans, Cheryl** *"What Does God Think? Transgender People and the Bible."*
- **Feld, Edward** *"Joy, Despair and Hope: Reading Psalms"*
- **Greene, Ben V.** *"My Child is Trans, Now What?"*
- **Hassouri, Paria** *"Found in Transition: A Mother's Evolution during Her Child's Gender Change."*
- **Lucado, Max** *"God Will Use This for God: Surviving the Mess of Life"*
- **Mate, Gabor and Neufeld, Gordon** *"Hold on to Your Kids – Why Parents Need to Matter More Than Peers"* (geared towards parents of minors but can still be helpful).
- **Scott, Laurie Suzanne** *"God Doesn't Make Mistakes: Confessions of a Transgender Christian."*
- **Sprinkle, Preston** *"Embodied, Transgender Identities, The Church & What the Bible has to Say".*
- **Terkeurst, Lysa** *"It's Not Supposed to Be This Way: Finding Unexpected Strength When Disappointment Leaves You Shattered."*
- **Walker, Andrew T.** *"God and the Transgender Debate (Second Edition): What Does the Bible Actually Say about Gender Identity?"*

- **Unice, Nicole** *“Not What I signed Up For: Finding the Strength, Purpose and Faith to Get Through a Season You didn’t expect.”*
- **Yarhouse, Mark** *“Understanding Gender Dysphoria: Navigating Transgender Issues in a Challenging Culture”*

Christian Counseling Nationwide

- <https://www.christiancounselorsnetwork.com/>

Christian Counseling specific to Portland, OR. Metro Area

- Christian Counseling Centers of Oregon <https://www.cccow.org>
(503) 636-4176
The website lists counseling topics including but not limited to
“Sexuality, a Christian view.”
- Christian Counseling Therapists in Portland, OR
<https://www.psychologytoday.com/us/therapists/or/portland?category=christian-counseling>

Podcasts

- [Theology in the Raw](#) Podcasts - Theology in the Raw

Premier Unbelievable - Talks

- Unbelievable? I lost nine years of my life: Transgender to Transformed – Laura Perry Smalts 6/30/23
- Matters of Life & Death: Trans children: Gender dysphoria, diagnostic overshadowing boy Lego versus girl Lego, and the non-replicated Dutch Protocol 6/14/23
- Unbelievable? Sexuality, Gender & Identity: 2 views on LGBT and the Church
- Unbelievable? Sean McDowell live Q&A on sexuality, transgender and culture war questions 11/25/22
- Unbelievable? Jackie Hill Perry Q&A: Same sex attraction,

- Unbelievable? Transgender people and the church – Preston Sprinkle and Christina Beardsley 2/5/21
- Ask NT Wright Anything #13 Christian sexual ethics, homosexuality and transgender 5/10/19
- Ask NT Wright Anything #202 LGBTQI+ Transgender and Questions of Sexual Ethics 1/18/24
- Unbelievable? How should the Church respond to Transgender? Peter Lynas and Jenny-Ann Bishop 3/15/19
- Unbelievable? How should the church treat LGBT people? Preston Sprinkle and Brandan Robertson 6/3/16
- Unbelievable? Caitlyn Jenner & Transgenderism: trans & ex-trans Christian debate 6/19/15

Websites

- EMBRACING THE JOURNEY
<https://www.embracingthejourney.org/>
- POSTURESHIFT <http://postureshift.com>
- PREMIER UNBELIEVABLE [Home \(premierunbelievable.com\)](http://premierunbelievable.com)
- PRESTON SPRINKLE <https://www.prestonsprinkle.com/>
- THE CENTER FOR FAITH, SEXUALITY AND GENDER
<https://www.centerforfaith.com>
- THE SEXUAL & GENDER IDENTITY INSTITUTE
<https://www.wheaton.edu/academics/school-of-psychology-counseling-and-family-therapy/sexual-and-gender-identity-institute/>
- WOODLANDHILLS <https://whchurch.org/#!>

Worksheets

Available at <https://www.positivepsychology.com/counseling-techniques/>

- Benefit Finding In Difficulty
- Exploring Our Feelings
- Personal Affirmations for Self-Esteem
- Reflecting on Past Successes

You-Tube Channels

- Ask NT Wright Anything – NT Wright is a New Testament Scholar, Pauline Theologian and Anglican Bishop
- Dr. Mark Yarhouse – licensed clinical psychologist and professor of psychology at Wheaton College, who directs the Sexual & Gender Identity Institute (SGI)
 - Gender Dysphoria 3/30/20 30:32
 - Gender Identity & Christian Faith 1/24/18 26:41
 - Navigating Sexual Identity and Faith 1/23/18 31:59
 - Sexual Identity & Christian Faith 2/26/20 1:25:26

Christian Music Recommendations:

- “Be Not Afraid” John Michael Talbot
- “Cry out to Jesus” by Third Day
- “Don’t stop Praying” by Matthew West
- “Even If” by MercyMe
- “Ever Present, Ever Faithful” Jim & Melissa Brady
- “God Is In This Story” by Katy Nichole
- “God You Are” by We Are Messengers
- “Good God Almighty” by Crowder
- “Into the Sea (It’s Gonna be Okay)” by Tasha Layton
- “Jerico” by Andrew Ripp
- “Jesus Saves” While You Pray Instrumental Worship Music
- “Just be held” by Casting Crowns
- “Let it Begin” by Big Daddy Weave
- “Overcome” by Jeremy Camp
- “Praise You Anywhere” by Brandon Lake
- “Praise you in this storm” by Casting Crowns
- “Rest” by TobyMac
- “That’s My King” by CeCe Winans
- “The Cross” by
Anne Wilson and Chris Tomlin
- “To Not Worship You” by MercyMe
- “Unspoken” by Solid Rock (Acoustic)
- “We all Need Jesus” by Danny Gokey

“Sometimes you’ve gotta dance through the darkness

Sing Through the fire

Praise when it don’t make sense

Sometimes you’ve gotta stare down the giant

Worship from the lion’s den...” (lyrics “Praise You Anywhere” by Brandon Lake).

